Thank you for agreeing to participate in an “Encourage the Heart Interview.” You will be asked the questions listed below. We suggest you reflect on these in advance so that you are ready to go once the interview begins. We want it to be an organic interaction but also know that some people need to think before they speak!

We will record your interview on Zoom and upload it the Student Life YouTube channel / push it out on social media platforms. Our goal … to encourage people during our season of remote learning and work at CU Denver and to put a smile on people’s faces!

INTERVIEW QUESTIONS:

1. What’s important to you right now …
2. What’s making you laugh right now …
3. Tell us a story about how someone in your life has encouraged you in the past …
   a. Follow up - If you could call them right now, what would you say to them?
4. What have you learned about yourself in the last month …
5. What encouragement would you give to someone struggling during this time?
   DO NOT PREPARE FOR THIS LAST QUESTION … we want it to be authentic!

6. We often end events and experiences by asking our audience to share “One Word” about how they are feeling or what they are thinking about at that moment … so what is your one word for how you feel right now - as we end this Encourage the Heart Interview?
   a. Optional - Tell us more about that word and your feelings/thoughts.

Thank you for participating!